

MAY 2023

# Health-e Compute@m

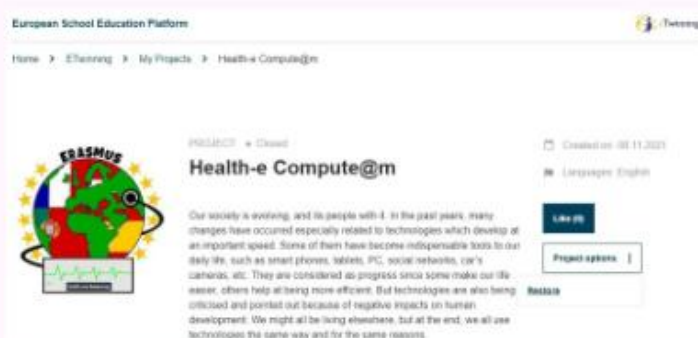
ERASMUS PROJECT



## PARTICIPATING COUNTRIES



## OUR BEGINNINGS



**IES Fray Luis de León**

Las Pedroñeras (Cuenca)



**Funded by  
the European Union**

OCTOBER 2022

# MEETING IN SPAIN

The meeting took place in Spain from 16th to 22nd October. We welcomed 14 partners from Austria and 7 from France. Our students gave them a warm welcome in our town, starting a week full of activities and new experiences for everyone.



**MONDAY 17**

MEETING AT SCHOOL  
AND OFFICIAL VISIT TO  
THE MAYOR

SIGHTSEEING TOUR IN  
THE TOWN



TUESDAY 18



## VISIT TO THE GARLIC COOPERATIVE

Las Pedroñeras is considered the capital of purple garlic. The students were able to visit the garlic cooperative, one of the largest in the area, with a production volume of between 16 and 20 million kilos of garlic per season.

## LUNCH AT THE SCHOOL

On Tuesday 18th, the cooking and catering students prepared a delicious welcome meal for us, with typical Spanish dishes such as paella and tortilla de patatas (Spanish omelette).



**WEDNESDAY 19**

**CUENCA (WORLD  
HERITAGE CITY)**

On Wednesday we visited our capital, Cuenca, with an important historical and architectural heritage in the old city, where we were able to visit buildings such as the cathedral or the Hanging Houses, which have become the icon of the city.



**SIGHTSEEING TOUR  
IN THE TOWN**



**GUIDED TOUR OF THE PALAEONTOLOGICAL MUSEUM**



The Palaeontological Museum of Castilla-La Mancha with life-size figures of dinosaurs, other reptiles and mammals found in sites in the region. Our visitors enjoyed a guided tour of this interesting museum.

## THURSDAY 20

Thursday 20th was full of activities for our participants. During the first two hours they took part in a gymkhana organised by the students of the Vocational Training of Teaching and Social and Sports Animation of our school.



The third hour was dedicated to handing out certificates of attendance to the participants

## SAN ISIDRO LABRADOR WINE COOPERATIVE

Las Pedroñeras, apart from being famous for having the best garlic in the world, the purple garlic, is also known for its wines. During this visit we were able to learn about the entire winemaking process.



## FRIDAY 21

On Friday 21st the participants in the Erasmus+ project "Health-e Compute@m" went on an excursion to Madrid, visiting emblematic sites of the capital such as the Royal Palace, Plaza Mayor or Cibeles. They also visited the Reina Sofia museum, where the famous painting "El Guernica" by Pablo Picasso is located.

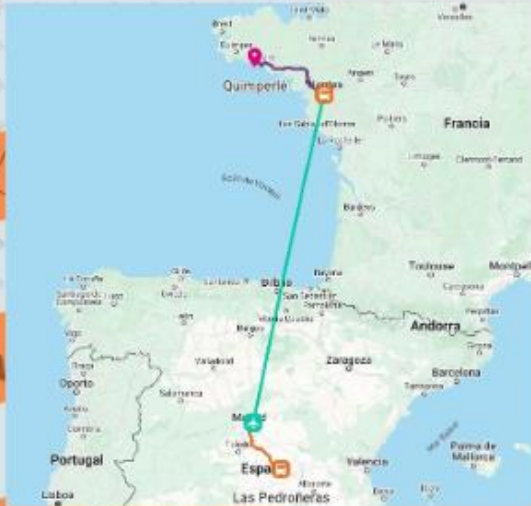


This excursion marked the end of a week full of activities and excursions, where our French and Austrian guests were able to get to know our school and our region.



# Meeting in France

March 19th to 25th



On March 19th, we flew to Nantes and then took a train to Quimperle, where we were welcomed by the teachers of the School Notre-Dame De Kerbertrand and the families where our students were staying.

A week full of activities awaited us



MONDAY 20



On Monday we were welcomed at the school theater where we met another school from Norway. Our students made a presentation of our school and our region.



## Visit to the city hall



During the visit to the town hall we were also able to listen to traditional music and learn some typical dances of the region.



## Tuesday 21 Day in Concarneau



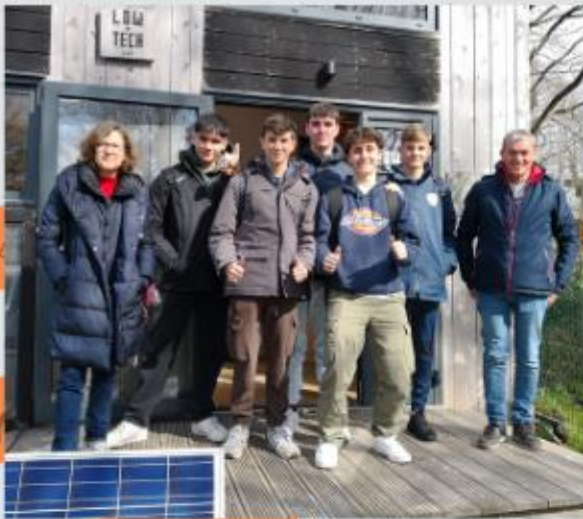
On Tuesday we were able to enjoy this beautiful city of the French Brittany, especially its walled islet that reminds us of the Middle Ages.

## Fishing Museum





## Visit of Low Tech Lab



Interesting laboratory where we were able to see a small wooden house on wheels that is completely self-sufficient. The electric energy comes from solar panels and for the sanitary water it uses rainwater... We learned how it is possible to live without the need for large technologies or investments.

## Wednesday 22

On this day, the students were able to share class with their classmates and learn about the French educational system. The planned excursion "shell fishing in the Belon" had to be cancelled due to rain.



## Thursday 23

### Village of Gacilly and museum of Yves Rocher



This day we were able to discover the beautiful village of Gacilly, where the history of the Yves Rocher brand has been written for 60 years.

We visited the Yves Rocher immersive museum, a beautiful and exciting visit where we learned about the life and beginnings of Yves Rocher, founder of the brand that bears his name.

**Friday 24** + + + + +



A visit to the town and its open-air market was planned for this day, but again the rain prevented us from doing so. We had lunch at the school, tasting the delicious crepes, typical of the area, which were made by the teachers.

## Presentation of diplomas and farewell ceremonies

After the presentation of diplomas we were able to see a representation of the traditional costumes of the locality and learn about its musical culture.



**Saturday 25**

**Return home**



It was time to say goodbye, a bittersweet moment for all of us as our incredible Erasmus exchange programme journey came to an end. It seems like only yesterday that we arrived in this foreign country with wide eyes, excited hearts and a desire to explore the unknown.

We would like to express our gratitude to our host institution, teachers and families who have welcomed us with open arms. You have made us feel at home in this foreign land and your support has been invaluable.

Each of you has brought to our group a unique perspective, a different culture and a wealth of knowledge that has enriched our lives.

*Merci Beaucoup.*



**Erasmus+**

## FEEDBACK FROM STUDENTS

This erasmus project was amazing for each of us because we met a lot of great people and learned a lot about the culture and also the rhythm of France.

In France we discovered the places of Bretagne and the people there who are very friendly and funny, we also visited some places like La Gacilly, here we visited the museum of Yves Rocher and we saw the architecture of a typical French village, unfortunately we couldn't do some activities like fishing or visit some cities because of the weather and the demonstrations, despite all these things the trip was great and we enjoyed every minute in Quimperle.

**Adrian Requena y Joseda**



I was very interested in travelling to a foreign country to learn English, but when I arrived I realised that Erasmus depends on the person who is going to host you.

During the trip I had a great time, we did very cool activities and visited very nice places.

This Erasmus project has allowed me to get to know other cultures and customs.

**Pablo**

*"Our time here has been a whirlwind of experiences."*



I really enjoyed the trip to France. Both the fact of travelling to a country different from mine and travelling with my friends.

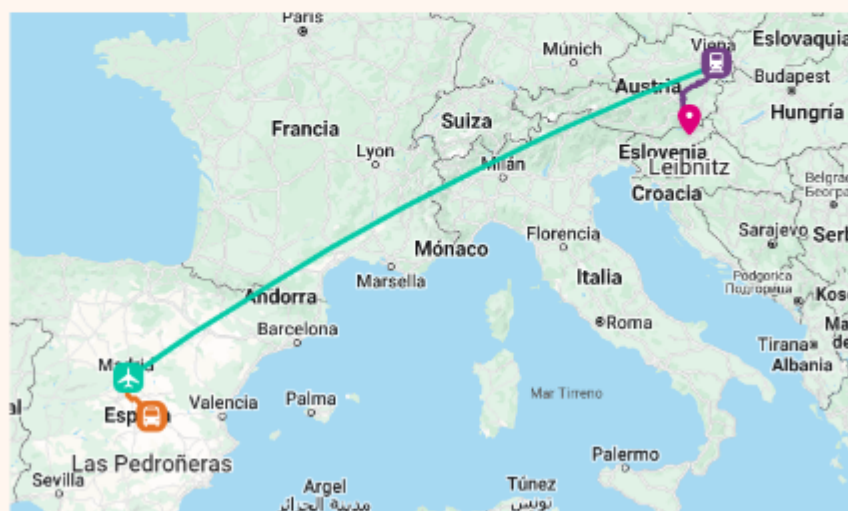
We did a lot of things like going to the beach, sightseeing in the surrounding villages, tourist guides, sports, etc.

We liked the area we went to very much, the scenery was amazing.

**Adrian Tomoiaga**

# MEETING IN AUSTRIA

FROM 7 TO 13 MAY



From 7 to 13 May, the second mobility of our #ErasmusPlus program "Health-e Compute@m" has taken place. 12 students of 4th ESO and 1st of baccalaureate together with two teachers have traveled to the city of Leibnitz, a city of Styria, one of the states of Austria, located south of the city of Graz.



BUNDESREALGYMNASIUM  
**LEIBNITZ**



MONDAY 8



## MEETING AT THE SCHOOL



After the day we arrived, we went, first of all to the school's library. We were working on a project in groups, elaborating a poster and explaining it to everyone, those were posters about stereotypes. Finally, we shared some food and a cake the Austrian families gave to us. They were very kind



BUNDESREALGYMNASIUM  
**LEIBNITZ**

TUESDAY 9



## MOTORIKPARK GAMLITZ

Visit to the Motorikpark adventure park with different exercise stations. The students enjoyed a fun and healthy morning exercising in this beautiful park.



BUNDESREALGYMNASIUM  
**LEIBNITZ**



# Chocolate factory in AUSTRIA

We were in Austria for a week seeing a lot of super cool and very interesting things together with the Austrian students.

We have had a great time together, hopefully we can repeat it.



## OUR EXPERIENCE

One of the activities that we liked the most was the Zotter chocolate factory. There, we watched a video about the history of the factory and then we tried all types of chocolates in all possible formats. It was delicious.

## OTHER THINGS TO SEE AT THE CHOCOLATE FACTORY

As seen in the photos there was also a graveyard with the chocolates that have failed. We would have liked to try them. There was even a zoo! It was amazing because there were so many animals and we got to touch them. In addition, there were animals that we had never seen before.



WEDNESDAY 10



## RIEGERSBURG CASTLE

Riegersburg Castle is a medieval castle located in the town of Riegersburg. After a steep and long slope we arrived at this impressive castle, where we could see an exhibition about objects of the time.



BUNDESREALGYMNASIUM  
**LEIBNITZ**



## GRAZ

*the famous city known for its clock*

Our week in Austria has been very fun. We have had a great time and we have met fantastic people that we hope to see again.



When we were visiting the city we realized that there were many sweet shops and as for the houses they were very beautiful with their roofs and their very particular facades, we loved them

We went to see the Eggenberg castle and we loved it, it has incredible views and its surroundings are beautiful



On our third day of travel we visited Graz, a very beautiful. City characterized by its great clock.

One of the things that caught our attention was that to go up to where the clock is located we had to take a type of elevator that scared you a stair of around 260 steep steps that went up some stairs



## VIENA

On Friday we took the train to Vienna, accompanied by students and two teachers who gave us a tour of the main monuments of the city, although the visit was a little lackluster because of the rain.



SATURDAY 13



## RETURN HOME

We have had an amazing week with this one-week Erasmus programme in Austria. It seems like only yesterday that we arrived in this beautiful country, ready to embark on an unforgettable adventure. Now, as we prepare to leave, we carry with us a treasure trove of memories and experiences that will mark us forever.



BUNDESREALGYMNASIUM  
**LEIBNITZ**

MAY 2023

# Health-e Compute@m

ERASMUS PROJECT



During our short but intense week in France and Austria, we had the privilege of immersing ourselves in the local culture. We have tasted the flavors of traditional cuisine, danced to traditional music and marveled at the architectural wonders that dot these beautiful lands. We have embraced the unknown, challenged ourselves and broadened our horizons. These experiences have not only broadened our understanding of Europe, but also deepened our appreciation for cultural diversity and the beauty of international connections.

*Let's build bridges between cultures and cultivate friendships*

Let us take the spirit of the Erasmus program with us. Let us continue to be curious, open and compassionate citizens of the world. This experience has taught us the importance of intercultural dialogue, understanding and collaboration. Let us be ambassadors of Europe, sharing our new knowledge and fostering connections that transcend geographical boundaries.



**IES Fray Luis de León**

Las Pedroñeras (Cuenca)



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